

Sospan Road Runners Membership Form 2022/23



Affiliated to the Welsh Athletics Association

NAME:-	<input type="text" value="Miss/Mrs/Ms/Mr*"/>	*please indicate
ADDRESS:-	<input type="text"/> <input type="text"/>	
POST CODE	<input type="text"/>	WELSH SPEAKER? YES <input type="checkbox"/> NO <input type="checkbox"/>
TELEPHONE NO:-	<input type="text"/>	Preferred contact method? Email <input type="checkbox"/> FaceBook <input type="checkbox"/>
MOBILE NO.	<input type="text"/>	Twitter <input type="checkbox"/> WhatsApp <input type="checkbox"/>
EMAIL ADDRESS	<input type="text"/> (Please complete if possible)	
MALE	<input type="checkbox"/>	FEMALE <input type="checkbox"/>
DATE OF BIRTH	<input type="text"/>	CURRENT AGE <input type="text"/>
MAIN INTEREST IN JOINING CLUB:- Please tick all applicable	HOW DID YOU HEAR ABOUT SRR?	
RUNNING <input type="checkbox"/>	NOVICE <input type="checkbox"/>	SOCIAL <input type="checkbox"/>

Medical Information: Please give details of any medical conditions that the Club should be aware of (e.g. Asthma, diabetes, epilepsy or any other relevant disability):

DO YOU WISH TO BE ACCEPTED AS A:-	1ST CLAIM MEMBER <input type="checkbox"/>	Existing members: Year first joined:
	2ND CLAIM MEMBER <input type="checkbox"/>	

SECOND CLAIM MEMBER - 1ST CLAIM CLUB

NB - all membership fees includes *Welsh Athletics (AWW) fee

*AAW Membership entitles individuals to discounted race entry fees, eligibility for team entry into applicable A.A.W. events and personal insurance protection - (for further details please contact committee member or www.sospanroadrunners.co.uk)

I ENCLOSE - SENIOR MEMBERSHIP FEE - (£20 Oct-Mar)	£35.00	£ <input type="text"/>	16 Years & above
I ENCLOSE - OVER 65 MEMBERSHIP FEE -	£25.00	£ <input type="text"/>	*PAYMENT METHOD (please tick) Cash <input type="checkbox"/> Bank Transfer <input type="checkbox"/> (contact treasurer) Cheque <input type="checkbox"/>
TOTAL MONIES ENCLOSED -		£ <input type="text"/> *	

Declaration:- I am an amateur as defined by the AAW laws. I agree to abide by the rules of the club and the A.A.W. Please see over for Data Protection info. (Please Note:- A parent or guardian must sign for Junior members)

SIGNATURE:- DATE:-

Completed Form and Payment In An Envelope To:- Claire Morgan (Membership Sec) Or To A Committee Member Who Will Pass On (Please make chqs payable to Sospan Road Runners) - Contact Treasurer Debbie Garner for SRR bank details if wish to pay by online banking

SOSPAN ROAD RUNNERS - CLUB INFORMATION - *Please retain*

Club Base:- **Llanelli Cricket Club** Web Site WWW.SOSPANROADRUNNERS.CO.UK
Contact - email sospanroadrunner@hotmail.co.uk

CLUB MEETING TIME, VENUE & TRAINING INFORMATION

When	Where	What	SRR USE ONLY
Mondays 6:00pm	Cricket Club, Llanelli	Easy and gentle recovery -	Fee received: Y/N
Wednesday 6:00pm	Cricket Club, Llanelli	Running Ideal For Beginners	SRR database updated: Y/N
Thursdays 6:00pm	Cricket Club, Llanelli	shorter session Hills/Speed session	WAA Database updated: Y/N
Sat/Sundays	Various	+ Jogging / Running Usually Longer Runs - see FB for details	